

F A C E

OUR FACIALS are all customized to your needs for the best possible results. Further enhance these treatments with our effective supplement choices.

Intuitive Facial

Designed specifically with your skin's needs in mind, this multifaceted facial is completely customized every step of the way. Following a thorough skin analysis, one of our expert estheticians will create a customized treatment incorporating deep cleansing, exfoliation, aromatic steam, massage and a nutrient-rich mask.

Deluxe Intuitive Facial

Enjoy the customized facial described above, supplemented with the Eye & Lip Treatment for the ultimate experience in relaxation and rejuvenation.

Oxygen Facial

Give your skin an extra boost with this glow-inducing oxygen treatment. Fully tailored to your skin's needs, this facial includes deep cleansing, double exfoliation, aromatic steam, massage, two blasts of pure O₂ and a targeted mask.

Moisture Surge Facial

Hydrate your skin with extreme moisture. This treatment perfectly increases the suppleness and overall texture of any skin type. Featuring a rejuvenating dual enzyme process, a nourishing collagen biomatrix mask and an anti-puffiness eye treatment for a more youthful appearance.

Anti-Aging Facial

Smoother, firmer, more vibrant skin emerges during this advanced treatment. Using a powerful patent-pending peptide serum that mimics Botox plus a pure oxygen dose, this high-tech, anti-aging treatment promotes cellular regeneration, boosts collagen, and reduces the appearance of deep lines and wrinkles.

Mini-Facial

Get big results in no time with this scaled-down version of our customized Intuitive Facial. Pair it with one of our body treatments or a massage for a perfect combination.

Texas Stone Facial

Enter into 80 minutes of luxury and pampering. Your facial begins with the blending of warm & cool stones to refresh and tone your skin, followed by our customized products to leave you with a beautiful Texas glow!

FACIAL SUPPLEMENTS

Customize your experience with one of our facial supplements...

- Eye & Lip Treatment
- Firming Collagen Mask
- Glycolic Acid Peel
- Hydrating AHA Peel
- Lactic Acid Peel
- Oxygen Vitamin Blast
- Papaya Enzyme Peel
- Pumpkin Enzyme Peel

WAXING SERVICES

- Face
- Brows
- Lips
- Full Leg
- Half Leg
- Toes
- Underarm
- Bikini
- Brazilian
- Back
- Half Back
- Full Arm
- Half Arm

MASSAGE

WHETHER YOU NEED TO RELAX *or simply ease sore muscles, we have just what you need to rebalance and renew.*

Mokara

Using a combination of massage techniques, this signature service is orchestrated to your specific needs. Choose to energize, relax or detoxify, and let our expert therapists do the rest! A heat-activated whipped shea butter balm leaves the skin dewy and hydrated, and a steamed towel treatment with an essential oil will pamper and please the senses.

Swedish

Bring your body and mind back into balance while easing away built-up stress. Using time-honored, authentic Swedish massage techniques, this massage is designed to stretch and relax weary muscles, inducing pure relaxation.

Sports

Designed to ease areas of muscle tension and soreness, this massage uses a variety of stretching techniques. Whether an all-over experience or a focus on certain muscle groups, this treatment is sure to help soothe activity-induced muscle stress while increasing range of motion and flexibility.

Deep Tissue

Working deep in the muscles and joints, this treatment helps to warm and relax over-exerted bodies. Whether the cause is physical activity or chronic stress, firm techniques are used to melt away tension while improving flexibility.

Hot Stone

This specialty massage uses volcanic basalt stones to release tight muscles – soothing away aches and pains. Tension knots melt away as traditional Swedish techniques send you into a state of blissful relaxation.

Mother To Be

Safe pregnancy techniques specifically adapted to each stage of pregnancy help to alleviate fatigue, soothe muscle and joint pain, and improve circulation. Our all-natural, chemical-free, whipped shea butter balm is used to help increase the skin's resiliency and suppleness.

Cowboy and Cowgirl Couple's Massage

Share your experience with a special someone side by side. Our personalized Mokara signature massage for two in the same room.

Customize your experience with one of our massage supplements...

Reflexology

A must for sore, tired feet and a wonderful way to extend your relaxing massage experience!

Chill Out Chaser

This treatment is great for anyone who stands for long periods or suffers from tired, swollen legs! This cool mask calms and soothes aching tissue to provide relief as it is massaged into the feet and legs.

Muscle Melting Mud Pack

Aches & pains melt away with this soothing stress-pack treatment. This warm, mineral-rich mud, originally designed for use by physical therapists, is highly recommended for the treatment of over-exertion, muscle stiffness, joint pain and tendonitis.

Penetrating Paraffin Pack

The hands and feet are the keys to relaxation. Let the warm lavender paraffin penetrate tired feet or overworked hands. Your muscles will relax, and your skin will feel soft and nourished as your massage service is performed.

CHAIR MESSAGES

Chair Massage

Key tension areas in the back, neck, shoulders and arms are the focal point. This quick and convenient massage is administered on an ergonomic massage chair, while the guest is fully clothed. It can easily fit into any schedule.

BODY

OUR BODY TREATMENTS *are sensory journeys with restorative elements. Choose to focus on detoxification, remineralization, exfoliation or just pure relaxation.*

Sweet Tea Body Gloss

True Texans know how they like their tea – fresh brewed, a touch of lemon and lots of sugar! We've brewed up an all-over body experience that not only smells great but is good for your skin, too! Real tea leaves are ground and mixed with sugar and lemon oils to create a body exfoliation that leaves your skin smooth, toned and super sweet.

Lavender Moisture Wrap

With layer upon layer of French alpine lavender, known for its healing, soothing and relaxing properties, this treatment begins with a sugar jojoba scrub, followed by a lavender body massage and hydrating wrap. Perfect anytime you need to recharge and replenish your mind and body.

Papaya Enzyme Smoothing Wrap

Achieve super soft skin all over the body with the exfoliating and brightening powers of papaya. A revitalizing sugar scrub and moisture balm also do their part to help reveal gorgeous, silky skin. Great before any big event.

Essential Remineralizing Treatment

The ultimate beauty treatment for the body, bringing moisture, remineralization, balance and a sense of well-being to your spirit. After a thorough exfoliation of the skin, we envelop your body with a warm, aromatic body gel, combining trace minerals from seawater and essential oils such as lavender, ylang-ylang, sandalwood, basil and sage. After a warm shower, we treat your skin to an application of luxurious body cream to seal in moisture and skin nutrients.

Resilience Firming Treatment

Wrap your body in a cool, marine-nutrient gel to promote a firmer appearance and improved elasticity of the skin. Relax as light massage strokes enhance the absorption of the body mask. Highly recommended after pregnancy or substantial weight loss and for sun-damaged skin.

Clarifying Back Treatment

The hard-to-reach, often-neglected skin on the back will glow with renewed clarity and smoothness with this highly effective treatment. Includes exfoliation, extractions, clarifying mask, massage and hydrating cream application.

NAILS

Texas Pecan Signature Manicure or Pedicure

Gorgeous Texas pecans are finely ground and mixed with brown sugar and shea butter to create our signature moisture scrub. Nails are shaped, filed and polished to perfection.

Texas Pecan Deluxe Manicure or Pedicure

After a soothing soak and a scrub with our signature mixture described above, nails are shaped, filed and polished to perfection. A fabulous massage with melted shea butter and a warmed aromatherapy paraffin wrap complete this luxurious treatment.

Energizing Peppermint Manicure or Pedicure

This delicious treatment cools and refreshes with a sudsy peppermint soak, an invigorating minty scrub and a velvety moisturizing massage.

NAIL SUPPLEMENTS

Customize your experience with one of our nail supplements...

- Polish Change
- French Polish
- Nail Art
- Paraffin Pack (hands or feet)
- Paraffin Pack (hands and feet)
- Callus Removal
- Cooling Leg Gel
- Hot Stone Massage

MOKARA TEEN

FOR OUR YOUNG ADULTS *ages 12–17, we've customized versions of our most popular treatments just to fit your needs.*

Clear Skin Facial

A completely customized facial designed especially for teens. Utilizing a myriad of clinical skincare products, thorough deep cleansing and therapeutic facial massage, our esthetician will create a program to bring out the best in your skin.

School Stress Massage

Our customized 30-minute massage focuses on stressed shoulders, book-bag backs and texting thumbs. Check in, chill out and charge up!

Teen Manicure

Our moisturizing manicure includes a foamy soak and softening scrub along with nail-perfecting trimming, filing, buffing and polishing.

Teen Pedicure

Nothing is better than a Spa Pedicure! After a relaxing soak and moisturizing massage, your nails are filed, buffed, shaped and polished to perfection.

MOKARA MEN

SERIOUS SPA TREATMENTS *created for the specific concerns of men, using effective products that produce noticeable results.*

Men's Executive Face Treatment

Created for the unique skincare needs of men, this treatment is tailored to your specific concerns. From acne, to ingrown hairs, to protecting your face, this treatment is the answer. Includes deep cleansing, exfoliation, a soothing hydrating mask and our steamed towel barber wrap.

Men's Anti-Aging Face Treatment

This high-tech, anti-aging treatment addresses the visible signs of aging in men and helps reduce the appearance of deep lines and wrinkles.

Executive Manicure

This expertly serviced treatment will revitalize rough, dry hands and includes a firm hand and arm massage, exfoliation, and nail buffing and shaping.

Executive Pedicure

This therapeutic men's foot treatment includes sloughing, scruffing, deep massage and buffing to regenerate urban feet.

PACKAGES

Ultimate Spa Day *(includes Spa Lunch & Beverage)*

Select one of our Specialty Body Treatments, along with an 80-minute Hot Stone Massage, Oxygen Facial, Texas Pecan Deluxe Manicure and Pedicure

Mokara Retreat *(includes Spa Snack & Beverage)*

50-minute Mokara Massage, Deluxe Intuitive Facial, Texas Pecan Signature Manicure & Pedicure

Mokara Mother To Be

50-minute Mother To Be Massage, Intuitive Facial, Peppermint Manicure & Pedicure

Uptown Girl Teen Package

30-minute School Stress Massage, Clear Skin Facial, Peppermint Manicure & Pedicure

Cowgirl Retreat

50-minute Mokara Massage, Anti-Aging Facial, Peppermint Manicure & Pedicure

Cowboy Retreat

50-minute Mokara Massage, 50-minute Executive Face Treatment, Executive Manicure & Pedicure

Business Package *(includes Spa Snack & Beverage)*

50-minute Sports Massage with Muscle-Melting Mud Pack, Executive Face Treatment and Executive Manicure & Pedicure

GUEST INFORMATION

Mokara Spa Hours of Operation
Monday – Saturday 9am -7pm
Sunday 10am – 6pm
Holiday hours may vary.

Reservations

We encourage guests to schedule appointments in advance to ensure that their preferred treatment or therapist is available. Bookings made on the day of service & walk-in appointments are always welcome, based on availability. All reservations must be secured with a major credit/debit card & telephone number. To schedule your appointment, please call our Spa Concierge desk at 817.350.4123. Omni Fort Worth Hotel in-house guests may dial extension 7-4123.

Health and Comfort Level

When booking your treatments, please notify our Spa Concierge if you have any concerns, especially if you have high blood pressure, a heart condition, recent surgeries, or allergies, or if you are pregnant, or taking any medication. It is always advisable to check with your doctor prior to your arrival. Please note that shaving is not recommended before a Body Treatment or Men's Face treatment. If you choose to shave, please shave at least four hours prior to your service.

Arrival and Check-In Procedure

We recommend that you arrive at least 20 minutes before your scheduled appointment to allow yourself time to check in and enjoy our amenities. Spa robes & slippers are provided. Our spa attendant is available to assist should you have any requests. For spa appointments, we recommend showering prior to your treatment for optimal service benefits. Please bear in mind that arriving late will simply limit the time for your treatment, lessening its effectiveness & your pleasure. Your treatment will end at the scheduled time so that the next guest will not be delayed. The full value of your treatment will be charged.

Cancellation Policy

We value your business & appreciate your cooperation with our cancellation policy. Please respect our scheduling by keeping appointments whenever possible & providing a minimum of 24 hours' notice when canceling or rescheduling appointments to avoid any charges to your credit/debit card or room.